

THE TAMERA & ZEGG FESTIVAL








































FROM CRISIS TO CONNECTION –
COMMUNITY OUR STRONGEST RESPONSE

18–21 JUNE 2026

at the ZEGG community, near Berlin



INSPIRATIONAL TALKS • EMBODIMENT • HOMEGROUPS • MUSIC • CEREMONIES • CELEBRATIONS – AND MUCH MORE

TIME	THURSDAY 18 JUNE	FRIDAY 19 JUNE	SATURDAY 20 JUNE	SUNDAY 21 JUNE SUMMER SOLSTICE	
	Weavers of the day: Jessica, Elias, Benjamin  Element: Earth	Weavers of the morning: Jessica, Hannah, Benjamin  Element: Water	Weavers of the day: Vera, Gerrit, Jessica  Element: Fire	Weavers of the day: Gerrit, Benjamin, Hannah  Element: Air	
07:30	 <p>Wishing you a good, safe and connected journey to get here.</p> 	 Morning offer	 Morning offer	–	
08:00		 Breakfast	 Breakfast	 Breakfast	
09:30		 30 min dancing thoughts Benjamin	 30 min dancing thoughts Benjamin	–	
10:00		<i>From crisis to connection</i>		<i>Our strongest response</i> (all day in high state outfit, attitude)	
11:00				 Home Groups	 11:00 Closing Ritual Hannah, Benjamin
13:00		 Lunch ritual (in a circle – as a gratitude practice – in a held space)	 Lunch ritual (in a circle – as a gratitude practice – in a held space)	 Lunch	
14:00 – 15:30	 Check-in from 14 to 16 o'clock	 Siesta (Blue Salon)	 Siesta (Blue Salon)	–	
15:30	 Site tour (in English)	 Home Groups	 Home Groups	 Site tour (German speaking only)	
17:00 / 17:15	 17:00 Festival Opening Gerrit, Vera	 17:15 Input about What We Learned: Reflections from ZEGG and Tamera & Global Circle / Forum Vera, Dolores	 17:15 Global Resource Sharing Circle Forum Gerrit	–	
18:30	 Dinner	 Dinner	 Dinner	–	
20:30	 Arriving within and with the festival community: Who am I? (in dyads) Benjamin, Elias	 Workshops  Zula Hoffmann: Embodied Community Principles  Jessica: Play, Feel, Transform – A Glimpse into Theatre for Change (with elements of Theatre of the Oppressed)	 Open mic	 Celebration of our highest date (alcohol-free)	
22:00	–	 Mantras, Stars & Dreams Integrate our desires, dreams, visions Campus with fire (optional: sleeping on the Campus)	 Free dance space	–	



The Dorfkneipe/Café is open daily at noon and in the evening.



The mornings are organized by teams from Tamera and ZEGG. They include talks, inputs, body and integration practices, singing and much more.