

# TAMERA & ZEGG festival 2026 changes possible; updated: 12.03.26

time	Thursday 18.6.	Friday 19.6.	Saturday 20.6.	Sunday 21.6. summer solstice
		morning offer	morning offer	
8.00 - 9.15		breakfast 8.30 ZEGG Tour	breakfast	breakfast
9.30		<b>30 min dancing thoughts</b> <i>Benjamin</i>	<b>30 min dancing thoughts</b> <i>Benjamin</i>	10:00 Home Groups
		<b>from crisis to connection - grieving together</b> <i>Hannah, Jessica, Vera, Benjamin</i>	<b>our strongest response - unfolding</b> inspirational talks or panel talk <i>Mara, Elias</i>	11:00 Closing Ritual Hannah, Benjamin, Gerrit
13.00		silent lunch ritual	lunch ritual	lunch ritual
14.00 – 15.00	Ab 14:00 - 16:30 Uhr <b>Check-in</b>	Siesta ( <i>Blue Salon</i> )	Siesta ( <i>Blue Salon</i> )	
15.30	15:30 h ZEGG -Tour	Home Groups	Home Groups	
	<b>17:00 Festival Start</b> <i>Gerrit, Vera</i>	17:15 Input about <b>Community Principles</b> & Global Circle <i>Vera, Mara</i>	17:15 Global Resource Sharing Circle Forum <i>Gerrit</i>	
18.30	dinner	dinner	dinner	
20.30	<b>Arriving within Who am I?</b> <i>Benjamin, Elias</i>	<b>Workshops</b>	<b>open mic</b>	
			<b>21:30 Celebration of our high state</b> <b>structured beginning</b> <i>Jessica, Hannah, Benjamin</i>	
			<b>freee dance space</b>	
22.00		<b>Mantras, Stars &amp; Dreams</b> Campus with fire		

The mornings are organized by teams from Tamera & ZEGG. They include talks, inputs, body and integration practices, singing and much more.

Die Vormittage werden von Teams gestaltet, sie bestehen aus Vorträgen/Inputs, Körper- und Integrationsübungen, gemeinsamem Singen uvm.

The Dorfkneipe\Café is open daily from noon.