

TAMERA & ZEGG festival 2026

updated: 04.12.25

time	Thursday 18.6.	Friday 19.6.	Saturday 20.6.	Sunday 21.6. summer solstice
			morning offer	
8.00 - 9.15		breakfast 8.30 ZEGG Tour	breakfast	breakfast
9.30		30 min dancing thoughts <i>Benjamin</i>	30 min dancing thoughts <i>Benjamin</i>	10:00 Home Groups
		from crisis to connection - grieving together <i>Hannah, Elias, Jessica, Vera</i>	our strongest response - unfolding inspirational talks or panel talk <i>Mara, Benjamin, Vera, Gerrit</i>	11:00 [still open]
13.00		silent lunch ritual	lunch ritual	lunch ritual
14.00 – 15.00	Ab 14:00 - 16:30 Uhr Check-in	Siesta (<i>Blauer Salon</i>)	Siesta (<i>Blauer Salon</i>)	
15.30	15:30 h ZEGG -Tour	Home Groups	Home Groups	
	17:00 Festival Start <i>Elias, Jessica, Benjamin, Gerrit</i>	17:15 Input about Community Principles & Global Circle <i>Vera/Mara</i>	17:15 Global Resource Sharing Circle	
18.30	dinner	dinner	dinner	
20.30	Arriving within Who am I? in Dyads <i>Benjamin</i>	Workshops	open mic	
			21:30 Celebration of our high state structured beginning <i>Benjamin</i>	
			free dance space	
22.00		Mantras, Stars & Dreams Campus with fire <i>Hagara & Vera</i>		

The mornings are organized by teams from Tamera & ZEGG. They include talks, inputs, body and integration practices, singing and much more.

Die Vormittage werden von Teams gestaltet, sie bestehen aus Vorträgen/Inputs, Körper- und Integrationsübungen, gemeinsamem Singen uvm.

The Dorfkneipe\Café is open daily from noon.